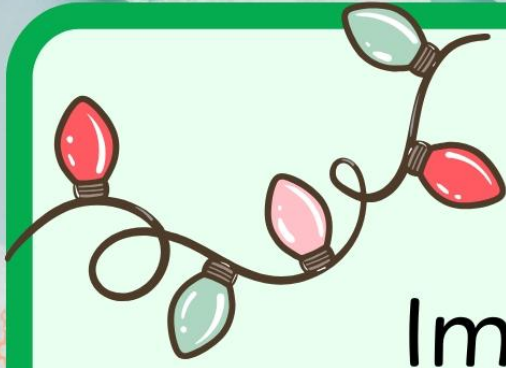


# DECEMBER 2025



Important Dates:

22-2 SAC Winter Camp

25- Closed: Christmas Day

1-Closed: New Years Day



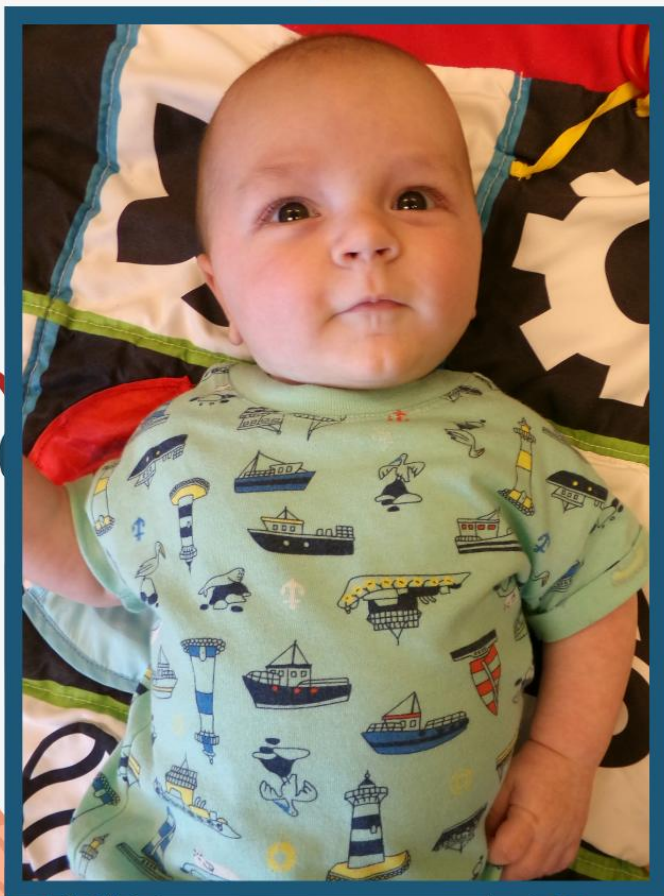


# INFANT ROOM

We are excited to welcome  
our new family members

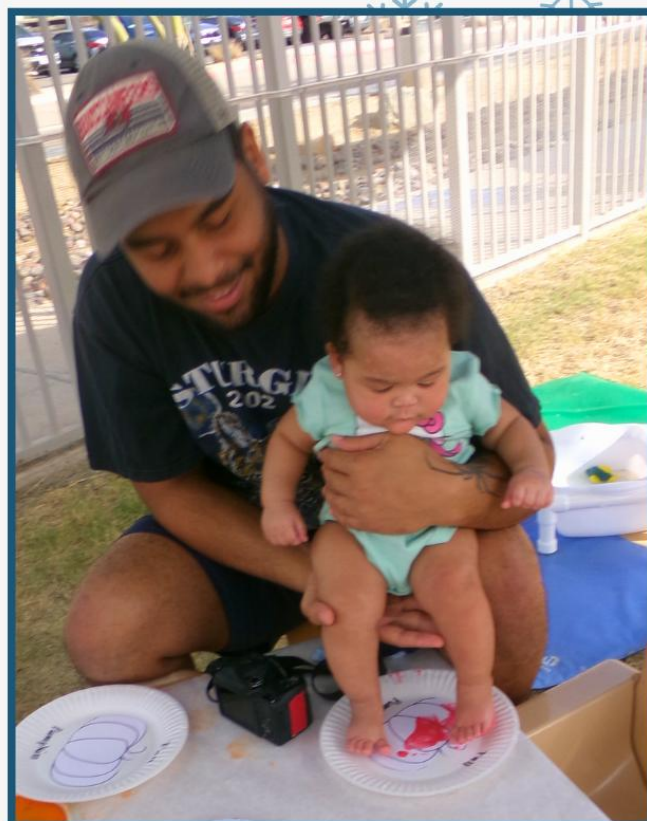
Greyson

Ares





# Infants during our Fall Festival





# Art Time





# Hello December!

PT Room







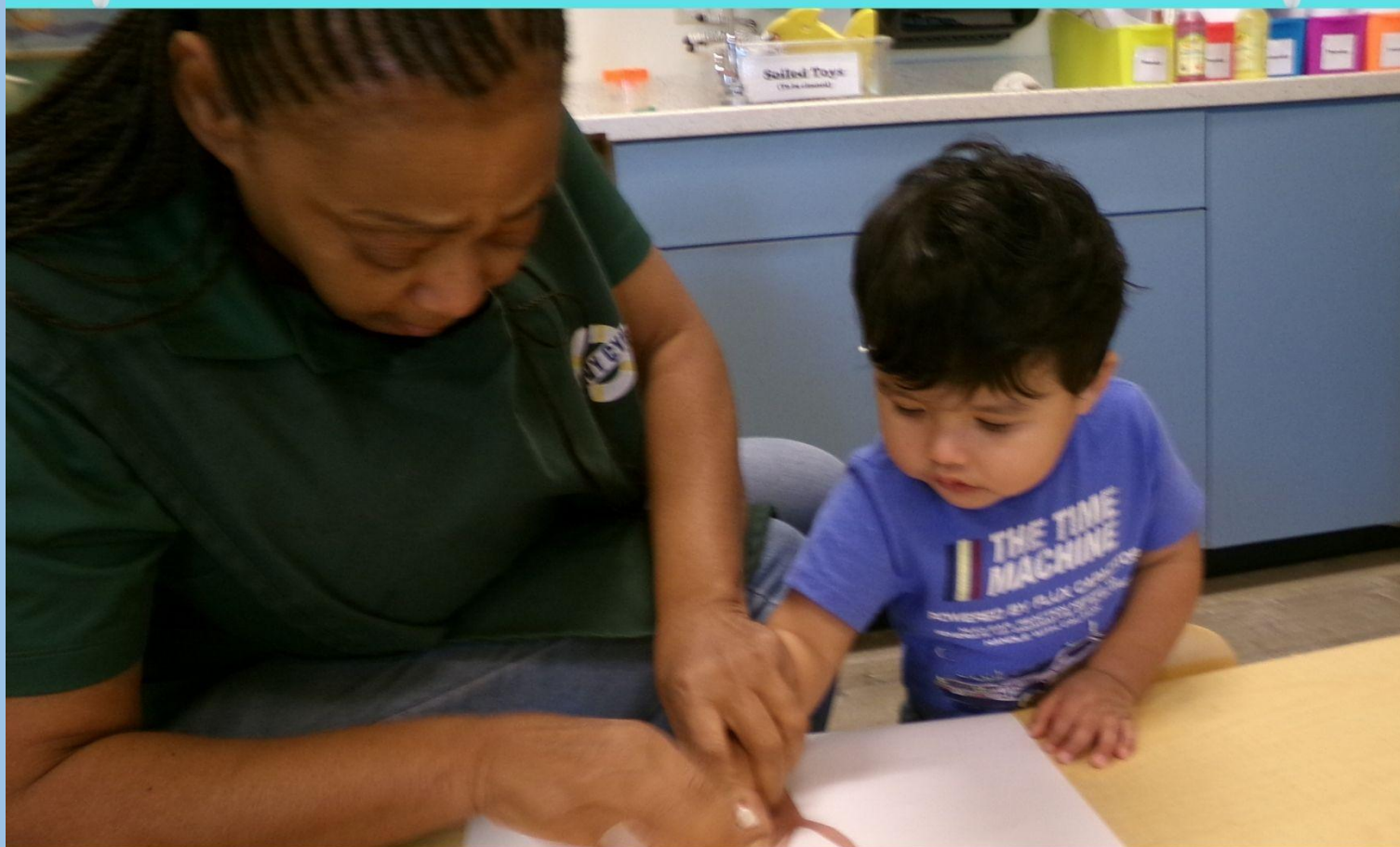
Bubble Bubble Bubble  
POP!







Art Time!





# Toddlers Room Newsletters

Please Check your child's cubby to ensure they have winter clothes (long sleeve shirts, jackets, sweaters, pants, and socks)

Please review your child daily gram form for any Diaper, Wipes, any other items your child may need.





# Welcome Toddler Teachers

**Ms. Kenia**



**Ms. Sandy Isabel**





# Building A House





# Practicing Fine Motor Skills





# PRESCHOOL NEWSLETTER



**Welcome back  
Ms. Dafnne**

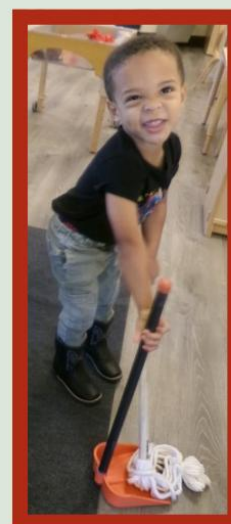
**welcome to  
preschool  
Penelope!**





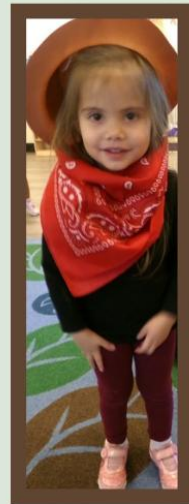


# A DAY IN PRESCHOOL





# A DAY ON THE FARM....







# SCHOOL AGE CARE NEWSLETTER

DECEMBER 2025

## Upcoming Events

### DECEMBER EVENTS

December 3<sup>rd</sup> – SAC Awards at 1600

December 10<sup>th</sup> – 4-H Meeting at 1530

December 16<sup>th</sup> – Anchored4Life

Meeting @ 1530

School Liaison Officer will be onsite on  
this date.

December 18<sup>th</sup> – Deck the Paws  
1545 – 1715

Youth will be walking from fitness to  
the dog park to hand out pup cups to  
our furry attendees.

#### Winter Camp:

**December 22, 2025 – January 2, 2026**

Join us as we have two weeks filled  
with fun programming including  
trips to the Pioneer Museum, Auntie  
Anne's Pretzels, and a hike at Anza-  
Borrego Desert State Park.

Check Calendar for dates and  
details.

#### Closures:

**December 25<sup>th</sup> – Christmas Day**

**January 1<sup>st</sup> – New Years Day**

**Analia Torres is our Youth of the  
Month for December! She has been  
showing great friendship skills this  
current school year and helps  
remind our other kindergarten  
friends about program rules. She is  
also willing to lend a helping hand  
with staff at the end of the day with  
closing procedures. She especially  
loves cleaning the windows.**

## Youth of the Month



**ANALIA TORRES**



## What We've Been Up To

### GERMS CAN'T GET US

We learned about how germs spread, why proper handwashing is important this time of year, and how to actually wash our hands.



### Volunteer Opportunities

- Clean the CDC and SAC sheds
  - Host an activity in one of our classrooms
  - Teach our youth a sport during our Winter Camp
  - Wash the CYP Buses
- See Ms. Jazlyn for more information.

### November SAC Awards



**AUGUST RECEIVED HIS AWARDS FOR BEING YOUTH OF THE MONTH AND TOP POWER HOUR POINT EARNER FOR THE MONTH!**



**ANALIA, MONSERRAT, AND ELIJAH WERE AWARDED AND THANKED FOR HELPING WITH THE CDC FALL FESTIVAL.**  
**NOT PICTURED:**  
**VALENTINO AND VALENTINA**



# WHAT'S *the* UP TEEN ROOM

## YOUTH

## spotlight

December 2025

### WE OWN Friday Night

Thank you to all teens who attended our last **We Own Friday Night** on Nov. 21<sup>st</sup>. Can't wait to schedule the next one. Stop by the center and let us know your activity suggestions.



#### Julian

Julian B. Enjoys playing sports and video games. He spends time after school practicing in order to become a better player and improve his fitness. He also helps out his family picking up his younger siblings from daycare. Keep it up Julian!

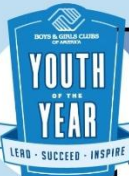


Welcome  
Kymani  
Brandon  
Kayden



### FRIENDSgiving

We gathered as a group and brought something to share with peers it on **Nov. 19<sup>th</sup>**. Ambrosia salad, cheesy potatoes, candy apples, and made from scratch cookies were just some of the things we enjoyed. Thank you all!



### MILITARY YOUTH of the Year

Thank you Dominick for submitting your application. If anyone else would like to compete... you still have December to turn in your application. Stop by for more info!

### upcoming EVENTS

- |            |   |
|------------|---|
| Dec. 10    | Community Service IV Food Bank 12:30-4 pm |
| Dec 22     | Theater Smash Brothers game               |
| Dec. 25    | CYP CLOSED                                |
| Dec. 26    | Sunbeam Lake Picnic 1:30 pm               |
| Dec. 29    | Auntie Anne's                             |
| Dec. 30-31 | Fitness Center/activities 2:30 pm         |



TEEN ROOM HOURS: 1:30-5:30 PM

PH. 760-339-2560 CYP\_NAF\_ELCENTRO@OUTLOOK.COM



CHILD & YOUTH PROGRAMS



# WE OWN Friday Night

see you  
next  
time





# TEEN ROOM

## December 2025 Activities.



NAFEC CYP TEEN ROOM.  
CENTER HOURS:  
1330-1730


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02 	03	04	05	
08	09	10 Imperial Valley Food Bank 12:30- 4 pm	11	12	
15	16	17 pretzel bites 3:30 pm 	18 Deck the Paws 3:45 pm	19	
22  Nintendo switch theater. 3:30 -5 pm	23  Photo to wood transfer	24	25 CYP CLOSED Christmas Day	26  Picnic at Sunbeam Lake 1:30 pm	
29  Auntie Anne's pm	30  Jingle Bell Fitness! 2:30 pm	31  Sports Center 2:30 pm	01 2026 CYP CLOSED New Year's Day	02	LEADERSHIP AND SERVICE ED. SCI. TECH. ENG. & MATH THE ARTS HEALTH & WELLNESS SPORTS & REC.



PH. 760-339-2560 CYP\_NAF\_ELCENTRO@OUTLOOK.COM



# DEC 2025 MENU CDC

Mon	Tue	Wed	Thu	Fri
<b>1</b> <b>B:</b> WG Bagel, Pears, Milk  <b>L:</b> Grilled Chicken Nuggets, Carrots, Pineapple, WG Roll, Milk  <b>S:</b> WG Cereal Scramble, Applesauce	<b>2</b> <b>B:</b> Yogurt Parfait, w/ Mixed Berries, Milk  <b>L:</b> WG Baked Ravioli w/ Tomato Sauce, Garden Salad, Peaches, Milk  <b>S:</b> WG Cinnamon Tortillas, Mango	<b>3</b> <b>B:</b> WG French Toast, Banana, Milk  <b>L:</b> Arroz con Pollo w/ Brown Rice, Peas, Mango, Milk  <b>S:</b> WG Crackers, String Cheese	<b>4</b> <b>B:</b> Scrambled Eggs, Hash brown Potatoes, Milk  <b>L:</b> WG Turkey & Cheese Sandwich, Green Beans, Melon, Milk  <b>S:</b> Yogurt, Banana	<b>5</b> <b>B:</b> WG Pancakes, Apple, Milk  <b>L:</b> Beef Hamburger on WG Bun, Baked Potato Wedges, Fruit Salad, Milk  <b>S:</b> Mixed Berries, Cottage Cheese
<b>8</b> <b>B:</b> WG Cereal—Rice Chex, Orange, Milk  <b>L:</b> WG Chicken Fajita Wrap, Carrots, Pineapple, Milk  <b>S:</b> Applesauce, String Cheese	<b>9</b> <b>B:</b> Oatmeal, Strawberries, Milk  <b>L:</b> WG Macaroni & Cheese, Broccoli, Peaches, Milk  <b>S:</b> WG Muffin, Tropical Fruit	<b>10</b> <b>B:</b> Breakfast Tacos w/ Egg & Cheese, Applesauce, Milk  <b>L:</b> Roasted Turkey w/ Gravy, Corn, Sweet Potatoes, Brown Rice, Milk  <b>S:</b> Broccoli & Cauliflower, WG Snack Mix	<b>11</b> <b>B:</b> WG Waffle, Banana, Milk  <b>L:</b> Salisbury Steak, Green Beans, Mixed Berries, WG Roll, Milk  <b>S:</b> Carrot & Cucumber Sticks, Cheese Cubes	<b>12</b> <b>B:</b> WG Toast, Pears, Turkey Sausage, Milk  <b>L:</b> WG Hawaiian Pizza, Peas & Carrots, Fruit Salad, Milk  <b>S:</b> Orange, WG Crackers
<b>15</b> <b>B:</b> WG French Toast, Orange, Milk  <b>L:</b> WG Toasted Ham & Cheese Sandwich, Green Beans, Pears, Milk  <b>S:</b> Tropical Fruit, WG Cereal Scramble	<b>16</b> <b>B:</b> WG Toast, Applesauce, Milk  <b>L:</b> WG Cheesy Rice Casserole Broccoli, Peaches, Milk  <b>S:</b> Diced Tomatoes & Cucumbers, WG Crackers	<b>17</b> <b>B:</b> Yogurt, Mixed Berries, Milk  <b>L:</b> Beef Pot Roast, Peas & Carrots, Mashed Potatoes, WG Roll, Milk  <b>S:</b> Soft WG Pretzel Stick, Sliced Cheese	<b>18</b> <b>B:</b> WG Cereal—Toasty O's, Banana, Milk  <b>L:</b> WG Turkey & Cheese Wrap, Corn, Pineapple, Milk  <b>S:</b> Orange, WG Muffin	<b>19</b> ★ <b>B:</b> WG Biscuit, Blueberries, Scrambled Eggs, Milk  <b>L:</b> Chef's Choice:  <b>S:</b> WG Crackers, Sliced Ham & Cheese
<b>22</b> <b>B:</b> WG Bagel, Peaches, Milk  <b>L:</b> Grilled Chicken Nuggets, Carrots, Pears, WG Roll, Milk  <b>S:</b> WG Pretzel Stick, Applesauce	<b>23</b> <b>B:</b> Scrambled Eggs, Strawberries, Milk  <b>L:</b> WG Cheese Pizza, Garden Salad, Cantaloupe, Milk  <b>S:</b> WG Cinnamon Tortillas, Orange	<b>24</b> <b>B:</b> WG French Toast, Turkey Sausage, Apple, Milk  <b>L:</b> WG Spaghetti & Meat Sauce, Green Beans, Honeydew, Milk  <b>S:</b> Blueberries, Yogurt	<b>25</b> <div style="text-align: center;"> <b>HOLIDAY</b>   <b>CENTER CLOSED</b> </div>	<b>26</b> <b>B:</b> WG Toast, Scrambled Eggs, Mango, Milk  <b>L:</b> WG Grilled Chicken Sandwich, Wax Beans, Fruit Salad, Milk  <b>S:</b> WG Crackers, Cheese Cubes
<b>29</b> <b>B:</b> WG Waffle, Orange, Milk  <b>L:</b> Salisbury Steak, Green Beans, Pears, WG Roll, Milk  <b>S:</b> Mixed Berries, WG Crackers	<b>30</b> <b>B:</b> Scrambled Eggs, Melon, Milk  <b>L:</b> WG Cheese Quesadilla, Corn, Peaches, Milk  <b>S:</b> Carrot & Cucumber Sticks, Tropical Fruit,	<b>31</b> <b>B:</b> Yogurt, Strawberries, Milk  <b>L:</b> Lemon Baked Tilapia, Brown Rice, Green Beans, Pineapple, Milk  <b>S:</b> WG Cereal Scramble, Applesauce		

NOTE: Modifications for Infants & Pre-toddlers: Apples = Applesauce, Salad = Carrots & Peas, Oranges= Mandarin Oranges, Corn = Peas, Tortilla Chips = Soft Tortilla; Raw Vegetables steamed  
Children under 2 are served Unflavored Whole Milk. Children 2 and older are served Unflavored 1% or Nonfat Milk.