

CYP NAF EL CENTRO Newsletter

October 2024

hello
OCTOBER

FALL

WELCOME
autumn



Reminders

- Children 6 months and older: Proof of flu shot due by November 30th
- Please check children cubbies for weather appropriate clothing
- Don't forget to show an ID during pickup

Events & Activities

- 11th-** CYP will close at 12pm for staff in service training.
- 14th-** CYP Will be closed in observance of Columbus Day.
- 19th-** The Great Shakeout earthquake drill
- 23rd-** Parent Involvement Board Meeting: Election of officers. 4:00pm
- 25th-** Fall Festival 5:30pm-7:00pm

Contact Info

Phone: 760-339-2560

Email: cyp_naf_elcentro@outlook.com



October

Infant Room



Group

Dinosaur Week



Free Play



Welcome to Infants Elsie





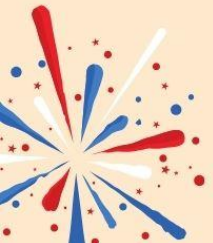
Welcome October



Newsletter in Pre-Toddlers
Classroom



Celebrating Patriots Day



Summer Reading Program





Open House

Thank you for participating



HELLO

OCTOBER

O

OCTO



During the month of September toddlers got to do all kinds of activities involving the fall season.

There were also some new friends joining our classroom, we are so excited to have them. Also, a huge thanks to all the parents that participated in the month's Parent Participation activities.

**TODDLERS
NEWSLETTER**



National Johnny Appleseed Day!



National Playdough Day





Painting with leaves, apples and corn



Fall Sensory Bags and Exploding Apples!



Toddler Nature Walk!



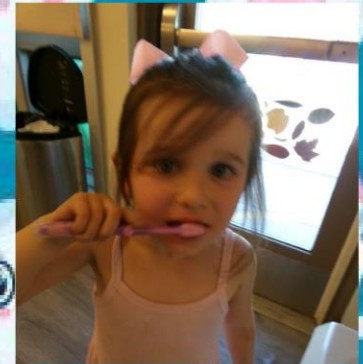
Welcome Shy, Enzo and Maya to toddler room!



Baking Time

With Preschool





The Pledge of Allegiance

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.



Thank you to McNairy-Habelito and Zapien families for participating in the National Playdough Day Activity!





It's Pinata Time

Das Kind







School Age Care October Newsletter

upcoming events

October 3rd: Illuminate Hope- Breast Cancer Awareness Event at the Sports Center from 3:30pm-5:15pm.

October 10th: Anchored4Life Meeting @ 3:30pm

October 11th: CYP Closes at 12pm NO BUS SERVICE ON THIS DAY

October 14th: CYP Closed in observance of Columbus Day

October 16th: Apple Bobbing Contest @ The Lagoon 4-5pm

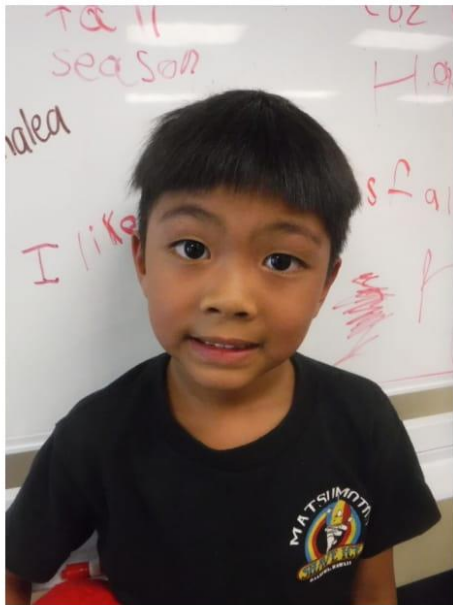
October 17th: 4-H Meeting @ 3:30pm

October 23rd - 31st: Red Ribbon Week at the CYP

October 24th: Cooking Club Pumpkin Pie

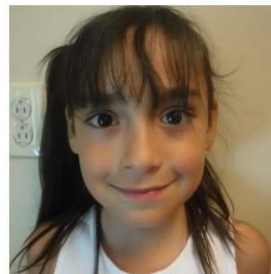
October 25th: Fall Festival 6-8pm @ The Mirage Club

Youth of the Month

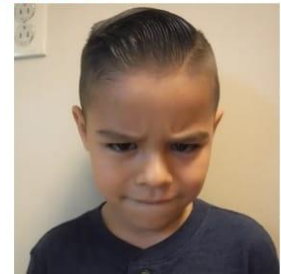


Mateo C.

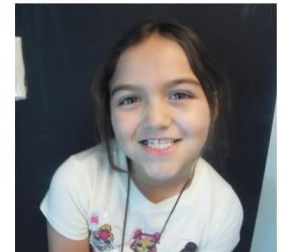
NAF El Centro CYP 4-H Officers 2024-2025



Valentina Martinez
President



Valentino Guzman
Vice President



August Davis & Monserrat Garcia
Co-Secretaries

Thank you for
helping us vote!

Help Us Celebrate Red Ribbon Week

School Age Care Youth would like to tie dye shirts for Red Ribbon Week. We are asking if parents could bring in or send in an old black or white shirt that they would not mind us using for this project. Youth will pick their own design and get to keep the shirts by the end of the project.

Ms. Jazlyn is also looking for any parents that would like to volunteer during Red Ribbon Week to lead an activity about keeping a safe and healthy body with the youth.

Volunteer Opportunities for Parents

Want Parent Participation Points or in need of Volunteer Hours? CYP has the following opportunities.....

- Run a booth at the Fall Festival
- Donate cupcakes for Fall Festival on October 25th.
- Teach a sport to the SAC or Preschool Kids
- Do a story time reading with a classroom
- Teach a cooking activity to one of the classes
- Teach a new skill to the kids
- Run a Red Ribbon Week Activity

October S.A.C 2024 Calendar



| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------|---|---|--|--|
| | 01 | 02 | 03 Illuminate Hope: Breast Cancer Awareness @ Sports Center 3:30pm - 5:15pm | 04 |
| 07 | 08 | 09 | 10 Anchored4Life Meeting @ 3:30pm | 11 In Service CYP Close at 12pm NO BUS SERVICE |
| 14 COLUMBUS DAY CLOSED | 15 Global Handwashing Day | 16 | 17 4-H Meeting @ 3:30pm | 18 |
| 21 | 22 | 23 Red Ribbon Week Oct 23 - Oct 31 | 24 Cooking Club: Pumpkin Pie | 25 Fall Festival @ The Mirage Club 5:30pm - 8pm |
| 28 | 29 Plant the Promise to be Drug Free | 30 | 31 | |

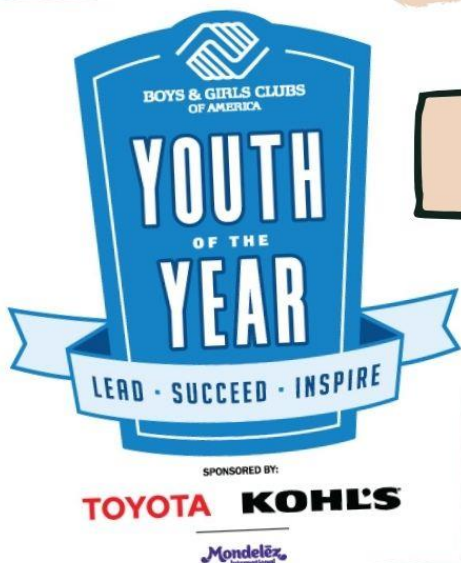
Important Info

- **No Bus Service or After School Care on Oct. 11**
- **CYP closed on Oct. 14**
- **Old Shirts due on Oct. 21 for Tie Dye Project**
-
-
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Teen Newsletter

OCTOBER 2024



CONTEST ALERT!!!

The Friendship Story--Youth for Unity. Complete the activity for a chance to win gift cards 1st place: \$150, 2nd place: \$100 and 3rd: \$50.



ENDS OCT. 11

It is Never too late to inquire about the Military Youth of the Year.

Youth of the Year is Boys & Girls Clubs of America's premiere recognition program. It celebrates young people, ages 14 to 18, for their commitment to community service, academic success, good character and citizenship, and establishing long-term goals. National Youth of the Year is the top honor a Club member can receive.

Don't Forget:

Breast Awareness Run Oct. 17th. 4:00 pm

No Teen Room available Oct. 11th due to CYP In-Service day.

CYP will be closed Oct. 14th -- Columbus Day

Floating Pumpkin Patch at the El Centro Aquatic Center. Saturday Oct. 19th. depart CYP at 11:30 RSVP by OCT.15th

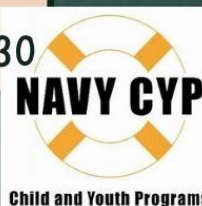
Activities this month

- Spooky Painting October 9th 4pm
- Monster Pasta Cooking Act. Oct 18th 3:40 pm
- Gratitude Journaling Oct. 22nd
- Pumpkin Carving Oct. 24th
- Bus Decor. Oct. 25th. 4-7 pm
- IV Food Bank depart CYP 12:30

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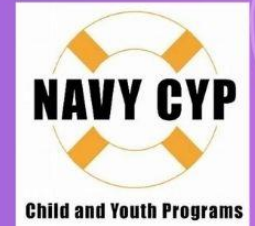
760-339-2560

CHILD AND YOUTH PROGRAMS TEEN ROOM



OCTOBER 2024

One step at a time. You'll get there.



**NAFEC CYP TEEN ROOM.
SCHOOL HOURS:
1330-1730**

IMPORTANT DATES:

October 17 Lantern Awareness Run.
Depart CYP at 4:15. Event ends at 5:30 pm

October 11 CYP In Service day. TEEN Room will be CLOSED.

October 19th Floating Pumpkin Patch at El Centro Aquatic Center. depart CYP at 11:30 am. **RSVP BY OCT. 15**

October 25th Bus Decoration. Partnership with MWR. Help us decorate the bus for the event and also to promote our program. Community Service Opportunity! 4-7 pm

October 30th IV Food Bank Community Service. Make food boxes for community distribution.



Notes:

LEADERSHIP AND SERVICE
ED. SCI. TECH. ENG. & MATH
THE ARTS
HEALTH & WELLNESS
SPORTS & REC.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------------------------------|--|--|---|---|
| 30 | 1 | 2 | 3 | 4 | 5 |
| 7 | 8 | 9 Spooky painting at 4 pm | 10 | 11 CYP In Service CLOSED | 12 |
| 14 CYP CLOSED HAPPY COLUMBUS DAY | 15 | 16 Monster Pasta cooking act. 3:40 pm | 17 Lantern Awareness walk 4:00 pm @ Sports Center | 18 | 19 Floating Pumpkin Patch @ El Centro Aquatic Center depart 11:30 pm RSVP by OCT 15 |
| 21 | 22 Gratitude Journaling | 23 | 24 Pumpkin carving at 3:40 pm | 25 Bus Decorating MWR event/marketing 4-7 pm | 26 |
| 28 | 29 | 30 IV Food Bank Make food boxes for the community depart 12:30 pm | 31 | 1 | 2 |

***DONT FORGET TO ASK ABOUT HIGH SCHOOL PICK-UP!**

OCTOBER 2024 MENU CDC

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|---|--|
|  | 1 B: Scrambled Eggs, Strawberries, Milk L: WG Cheese Pizza, Garden Salad, Cantaloupe, Milk S: WG Cinnamon Tortillas, Orange | 2 B: WG French Toast, Turkey Sausage, Apple, Milk L: WG Spaghetti & Meat Sauce, Green Beans, Honeydew, Milk S: Blueberries, Yogurt | 3 B: WG Cereal—Cornflakes, Banana, Milk L: Chicken Adobo, Brown Rice, Broccoli, Pineapple, Milk S: WG Muffin, Tropical Fruit | 4 B: WG Toast, Scrambled Eggs, Mango, Milk L: WG Grilled Chicken Sandwich Wax Beans, Fruit Salad, Milk S: WG Crackers, Cheese Cubes |
| 7 B: WG Waffle Stick, Orange, Milk L: Salisbury Steak, Green Beans, Pears, WG Roll, Milk S: Mixed Berries, WG Crackers | 8 B: Scrambled Eggs, Melon, Milk L: WG Cheese Quesadilla, Corn, Peaches, Milk S: Carrot & Cucumber Sticks, Tropical Fruit, | 9 B: Yogurt, Strawberries, Milk L: Lemon Baked Tilapia, Brown Rice, Green Beans, Pineapple, Milk S: WG Cereal Scramble, Applesauce | 10 B: WG Cereal –Rice Chex, Banana, Milk L: Chicken Noodle Soup, Broccoli, Melon, WG Roll, Milk S: Mandarin Oranges, String Cheese | 11 B: WG Toast, Hash brown Potatoes, Scrambled Eggs, Milk L: Beef Hamburger on WG Bun, Roasted Potatoes, Fruit Salad, Milk S: WG Muffin, Apple |
| 14 <h2 style="text-align: center;">CLOSED COLUMBUS DAY</h2> | 15 B: Scrambled Eggs, Turkey Sausage, Strawberries, Milk L: WG Toasted Cheese Sandwich, Tomato Soup, Peaches, Milk S: Tropical Fruit, WG Crackers | 16 B: WG French Toast, Apple, Milk L: Beef Pot Roast, Peas & Carrots, Mashed Potatoes, WG Roll, Milk S: Orange, WG Snack Mix | 17 B: WG Cereal –Toasty O's, Banana, Milk L: WG Chicken Alfredo, Broccoli, Mango, Milk S: Carrot & Cucumber Sticks, String Cheese | 18 B: WG Breakfast Pizza w/ Egg & Cheese, Mixed Fruit, Milk L: Chef's Choice: S: WG Crackers, Sliced Turkey Ham & Cheese |
| 21 B: WW Bagel, Pears, Milk L: Grilled Chicken Nuggets, Carrots, Pineapple, WG Roll, Milk S: WG Cereal Scramble, Applesauce | 22 B: Yogurt Parfait, w/ Mixed Berries, Milk L: WG Baked Ravioli w/ Tomato Sauce, Garden Salad, Peaches, Milk S: WG Cinnamon Tortillas, Mango | 23 B: WG French Toast, Banana, Milk L: Arroz con Pollo w/ Brown Rice, Peas, Mango, Milk S: WG Crackers, String Cheese | 24 B: Scrambled Eggs, Hash brown Potatoes, Milk L: WG Turkey & Cheese Sandwich, Green Beans, Melon, Milk S: Yogurt, Banana | 25 ★ B: WG Pancakes, Apple, Milk L: Beef Hamburger on WG Bun, Baked Potato Wedges, Fruit Salad, Milk S: Mixed Berries, Cottage Cheese |
| 28 B: WG Cereal—Rice Chex, Orange, Milk L: WG Chicken Fajita Wrap, Carrots, Pineapple, Milk S: Applesauce, String Cheese | 29 B: Oatmeal, Strawberries, Milk L: WG Macaroni & Cheese, Broccoli, Peaches, Milk S: WG Muffin, Tropical Fruit | 30 B: Breakfast Tacos w/ Egg & Cheese, Applesauce, Milk L: Roasted Turkey w/ Gravy, Corn, Sweet Potatoes, Brown Rice, Milk S: Broccoli & Cauliflower, WG Snack Mix | 31 B: WG Waffle Stick, Banana, Milk L: Salisbury Steak, Green Beans, Mixed Berries, WG Roll, Milk S: Carrot & Cucumber Sticks, Cheese Cubes |  |

* Approved by CNIC Sep 2024— See FALL CYCLE MENU 2024 *

NOTE: Substitutions for children under 3: Apples = Applesauce, Salad = Carrots & Peas, Oranges= Mandarin Oranges, Tortilla Chips = Soft Tortilla; Corn = Peas
 All Raw Vegetables are steamed for children under 3 years old.

Children under 2 are served Unflavored Whole Milk. Children 2 and older are served Unflavored 1% or Nonfat Milk.

This institution is an equal opportunity provider

★ - Monthly Celebration